

# COMPETITIVE PROGRAM INFORMATION



## 2010 – 2011 SEASON

Braden River Soccer Club's competitive program is focused on player development. We try to find suitable playing options for every child that wants to play competitive and BRSC fields multiple teams at each age group. At the younger ages, technical development is emphasized above wins and losses – the younger ages are critical to form a strong technical foundation for their future. At the older ages, BRSC expects its top team to compete at high levels in the Greater Tampa region and the state of Florida. Our program includes the following:

- National and State licensed trainers and coaches
- Goalkeeping training
- Strength and agility training
- Appropriate league and tournament competition
- Academy development for younger players

### Age Groups

BRSC follows the FYSA August 1<sup>st</sup> cutoff for determining a player's Season Age (See Chart Below). Our curriculum is tailored to each age group to provide proper development and progression. BRSC generally believes a player's development is best served by playing within their assigned age group. In extraordinary circumstances, the director of coaching may approve a player to play up an age group.

Year	2006	2005	2004	2003	2002	2001	2000	1999	1998	1997	1996	1995	1994	1993	1992
Jan	U5	U6	U7	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18	U19
Feb	U5	U6	U7	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18	U19
Mar	U5	U6	U7	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18	U19
Apr	U5	U6	U7	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18	U19
May	U5	U6	U7	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18	U19
June	U5	U6	U7	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18	U19
July	U5	U6	U7	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18	U19
Aug	U4	U5	U6	U7	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18
Sept	U4	U5	U6	U7	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18
Oct	U4	U5	U6	U7	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18
Nov	U4	U5	U6	U7	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18
Dec	U4	U5	U6	U7	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18

### Program Schedule

Ages	Format	Practices Per Week	Training Season <sup>1</sup>	Regular Season <sup>2</sup>
U9 & U10	6v6 Academy	2	Sept - March	Nov – Feb
U11 & U12	8v8	2 – 3	Aug, Sept – Mar	Nov – Feb
U13 & U14	11v11	2 – 3	Aug – Mar (*)	Nov – Feb
U15 – U18	11v11	2 – 3	Jul-Oct & Feb – Mar (*)	Aug - Oct

\*State Cup teams continue to train through May

(<sup>1</sup>) Training season consists of weekly training and tournaments on some weekends.

(<sup>2</sup>) Training season consists of weekly training and games every Saturday except Thanksgiving and Christmas.



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### Tryouts

Players are evaluated on the four components of soccer:

1. **Technical Ability:** including ball control, ball movement, shooting, passing, keeper skills, etc.
2. **Tactical understanding and application:** including player positioning, offensive and defensive formations, decision making, etc.
3. **Mental dimension:** Including work ethic, positive attitude, and ability to learn and contribute to team and club goals.
4. **Physical dimension:** Including endurance, speed, reaction and other athletic attributes.

*Players should plan to attend all tryout sessions for their age groups as follows:*

### JUNE 1, 2, 3

**U11 Girls - Tuesday, Wednesday, Thursday - 6:00pm - 7:30pm**

**U11 Boys - Tuesday, Wednesday, Thursday - 6:00pm - 7:30pm**

**U12 Girls - Tuesday, Wednesday, Thursday - 6:00pm - 7:30pm**

**U12 Boys - Tuesday, Wednesday, Thursday - 6:00pm - 7:30pm**

**U15 Girls - Tuesday, Wednesday, Thursday - 7:45pm - 9:15pm**

**U15 Boys - Tuesday, Wednesday, Thursday - 7:45pm - 9:15pm**

**U16 Girls - Tuesday, Wednesday, Thursday - 7:45pm - 9:15pm**

**U16 Boys - Tuesday, Wednesday, Thursday - 7:45pm - 9:15pm**

### JUNE 4, 5, 6

**U13 Girls - Friday - 6:00pm - 7:30pm, Saturday, Sunday 11:00pm - 12:30pm**

**U13 Boys - Friday - 6:00pm - 7:30pm, Saturday, Sunday 11:00pm - 12:30pm**

**U14 Girls - Friday - 6:00pm - 7:30pm, Saturday, Sunday 11:00pm - 12:30pm**

**U14 Boys - Friday - 6:00pm - 7:30pm, Saturday, Sunday 11:00pm - 12:30pm**

**U17 Girls - Friday - 7:45pm - 9:15pm, Saturday, Sunday 2:00pm - 3:30pm**

**U17 Boys - Friday - 7:45pm - 9:15pm, Saturday, Sunday 2:00pm - 3:30pm**

**U18 Girls - Friday - 7:45pm - 9:15pm, Saturday, Sunday 2:00pm - 3:30pm**

**U18 Boys - Friday - 7:45pm - 9:15pm, Saturday, Sunday 2:00pm - 3:30pm**

### JUNE 5, 6

**\*\*U9 Girls Academy - Saturday, Sunday 9:00am - 10:30am**

**\*\*U9 Boys academy - Saturday, Sunday 9:00am - 10:30am**

**\*\*U10 Girls Academy - Saturday, Sunday 9:00am - 10:30am**

**\*\*U10 Boys academy - Saturday, Sunday 9:00am - 10:30am**

(\*\*)The U9 and U10 are not true tryouts as we want to encourage academy participation. Players U8 and younger will be evaluated to assure they are mentally and physically ready for participation in the academy. With academy, BRSC will not select A/B/C teams and will establish a training curriculum for the age groups. For game days, players will play festival games against other clubs and will be split into squads differently based on the week's learning objectives.

